

AUSTSWIM EDUCATORS IN AQUATICS



WE TEACH A SKILL FOR LIFE

OUR MISSION – ENABLING THE BEST POSSIBLE
TEACHING OF SWIMMING AND WATER SAFETY.

TOLL FREE 1300 885 666
www.austswim.com.au



AUSTSWIM IS
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BY



Australian Government

AUSTSWIM

AUSTSWIM, THE AUSTRALASIAN COUNCIL FOR THE TEACHING OF SWIMMING AND WATER SAFETY, WAS FORMED IN 1979 WITH THE OBJECTIVE OF DEVELOPING A CONSISTENT AND BETTER QUALITY TRAINING OF TEACHERS OF SWIMMING AND WATER SAFETY ACROSS AUSTRALIA AND INTERNATIONALLY.

Today AUSTSWIM is a dynamic, for purpose not profit, mainstay of the grassroots aquatic industry providing training, accreditation, standards and innovation that benchmark and support safer aquatic participation and drowning prevention strategies.

AUSTSWIM's small but dedicated national staff team are supported and guided by a committed group of volunteer Board members and a unique National Council representing peak industry bodies that include:

- Aquatic Leisure Facilities Association (ALFA)
- Royal Life Saving Australia
- Surf Life Saving Australia
- Swimming Australia Ltd
- Water Safety New Zealand
- YMCA Australia
- Plus volunteer representatives from AUSTSWIM State Advisory Committees in each state and territory.

AUSTSWIM training and accreditation is recognised by industry and government as the benchmark in the development of personal aquatic survival skills and as the preferred standard required to teach swimming and water safety.

AUSTSWIM Internationally

AUSTSWIM has developed over the year's strategic partnerships with other international organisation's in the provision of swimming and water safety training and accreditation in countries where there is a demand for learning to swim and water safety education programs.

The partnerships involve working with local community and implementing a strategy that makes allowable adjustments to the training taking into account a range of factors including knowledge, skill and understanding of the learners.

We continue to embrace a philosophy of an approach that is sustainable and creates a positive impact in improving water safety education and awareness.

Current working partnerships take place in:

- China
- Dubai
- Hong Kong
- India
- New Zealand
- Singapore
- Sri Lanka
- Vietnam
- Malaysia
- Korea

To find out more about AUSTSWIM and international strategies please speak to an AUSTSWIM staff member or email info@austswim.com.au



AUSTSWIM Standards - develop, distribute and license

The AUSTSWIM Standards are a quality framework system specifically designed and developed by the industry for the industry.

The Standards operate on three levels:

The Standards:

Level One – AUSTSWIM Training

>Identify the need for national teacher of swimming and water education and safety standards

Level Two – Accreditation & Licence to teach

>Set national standards for swimming and water safety teachers throughout Australia

Level Three – Professional Development

>Enable the accreditation and licensing of teachers of swimming and water safety

AUSTSWIM as a peak provider is on a quality pathway journey that is characterised by:

- Codes of Practice and Service Guarantees
- Standards and Assessments
- Business Excellence and Best Practice.

AUSTSWIM Standards are aligned and apply to the:

- national sport, fitness and recreation training package
- accreditation and licensing of teachers for swimming and water safety education
- training and professional development of teachers and presenters of swimming and water safety education.

A World First

In a world first, AUSTSWIM, The Australasian Council for Teaching of Swimming and Water Safety, has undertaken a rigorous four-year journey and can now proudly announce that it has been awarded **ISO/IEC 17024** status.

This international standard has been developed with the objective of achieving and promoting a globally accepted benchmark for organisations operating certification of persons.

The process involves stringent and ongoing independent audit and review by the Australian and New Zealand governing body for international standards known as **JAS-ANZ**.

AUSTSWIM Licensed Teacher™ of Swimming and Water Safety in Australia are now **ISO/IEC 17024** accredited to AUSTSWIM Standards.

What does AUSTSWIM's ISO Standard mean to you?

Parents and Carers – will have clear guidance and direction in selecting best practice, quality assured swimming and water safety classes for their children.

Ask to see the teacher's licence to ensure a teacher conforming to the highest possible accreditation standards delivers your family's lessons.

Teachers of Swimming and Water Safety -will receive the highest accreditation benchmark in aquatics. AUSTSWIM Teachers can be proud to know that they exhibit the highest standard in providing knowledge, skill and understanding to educate people to be safer in, on and around water.

Government – Federal, State and Local - a clear and defined internationally recognised standard is available to benchmark and define quality swimming and water safety education within:

- Government departments
- Training and education facilities
- Community development
- Health, Public Safety and Wellness areas.

Education Departments, Institutions and Organisations - training and education in swimming and water safety has an internationally recognised standard with AUSTSWIM, sending a clear message that every AUSTSWIM teacher provides education to reduce drowning, the impact of aquatic accidents and strive for safer swimming and water safety in a standardised manner.

JAS-ANZ (ISO) accreditation means AUSTSWIM is accountable to perform its duties in an authoritative and impartial way. It denotes approval by an independent third party as a professional body that acts with integrity when certifying for conformity assessment.



Facts and Figures

Annually AUSTSWIM trains and accredits 10,000 Teachers of Swimming and Water Safety. Since inception more than 170,000 teachers of swimming and water safety have undertaken training. Currently AUSTSWIM has over 34,000 active, accredited and licenced teachers.

AUSTSWIM and Aquatics a Dynamic Duo

AUSTSWIM is a peak organisation, responding to the demands of an increasingly diverse population; striving to train teachers who impart swimming and water safety education for safer aquatic participation. Today AUSTSWIM'S suite of services offers unique career pathway options including:

AUSTSWIM ACCREDITED TRAINING



Teacher of Swimming and Water Safety™



Teacher of Infant and Pre-School Aquatics™



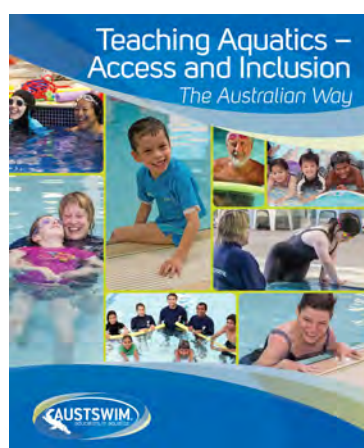
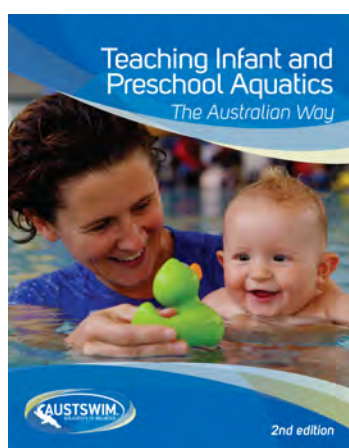
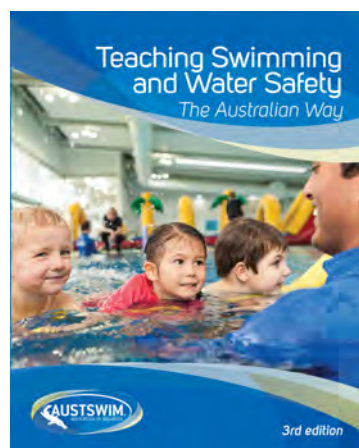
Teacher of Aquatics- Access and Inclusion™



Teacher of Adults™



Teacher of Towards Competitive Strokes™



AUSTSWIM TRAINING



MATE Seminar – Make Aquatics a Terrific Experience™



WETS Aquatic Instructor™



Management Training - Aquatic Service Officer™, Aquatic Director

AUSTSWIM LEARNING PILLARS- The Industry Standard

INTRODUCTION

The culmination of research resulted in identifying a gap in our organisational ability to clearly articulate, educate and enhance awareness of the essential elements of swimming and water safety education.

A solution was created with the development of AUSTSWIM's Learning Pillars; launched in 2014 at state and territory conferences and featured at the National Water Safety Council's Forum. The learning pillars form a framework that clearly and succinctly define and describe swimming and watersafety. They form a foundation for AUSTSWIM's core business and community focus.

AUSTSWIM LEARNING PILLARS

AUSTSWIM Learning Pillars involve and impact our organisational spectrum, industry, government and community. They form a framework to ensure quality for accreditation and education. The standard is high; we are committed to implementing an effective structure and process to reduce drowning, the impact of aquatic accidents and to strive for safer swimming and water safety.

KNOWLEDGE	SKILL	UNDERSTANDING
Aquatic Information	Water Safety	Thought / Inquiry
Personal Competence	Diversity of Body Shape & Movement	Problem Solving
Environmental Conditions	Acquisition Based on Practice and Ability	Decision Making / Consequence
Experience	Propulsion	Empowerment
COMPETENCY		

LEARNING PILLARS IN ACTION

GOVERNMENT & INDUSTRY

Use AUSTSWIM Learning Pillars as a:

- › Standard of swimming and water safety education
- › Measure of community competence for safer aquatic participation
- › Benchmark minimum standard for population education in swimming and water safety

PROGRAM MANAGERS

Learning Pillars are utilised as a framework by Program Managers for:

- › Swimming and Water Safety program curriculum
- › Teacher development
- › Program marketing and promotion
- › Raising community awareness of essential learning elements in aquatic education

AUSTSWIM TEACHERS

Use AUSTSWIM Learning Pillars as a framework for:

- › The development of lesson activities and lesson plans
- › Guiding and supporting students
- › Learning and development toward safer aquatic participation
- › Quality competency assessment

PARENTS & PARTICIPANTS

Parents use AUSTSWIM Learning Pillars as a:

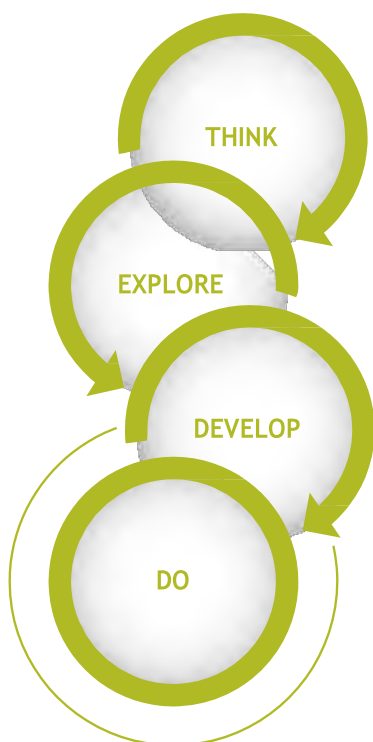
- › Tool to assess and select quality programs for their family
- › A guide to learning elements in swimming and water safety education

Participants receive the benefit of AUSTSWIM Learning Pillars through:

- › Knowledge – water awareness and familiarity gained by education and experience
- › Skill – the learned ability to competently participate in water activities
- › Understanding – gaining insight and good judgment in and around aquatic location

CURRICULUM PRINCIPLES

There is deliberate and intentional commitment in AUSTSWIM's Curriculum Principles to set standards and encourage venue management and teaching teams to present programs that engage and interact with students, offering activities, skills and drills that provide opportunities to:



ACTIVITY PRINCIPLES

The Learning Pillars Framework includes Activity Principles that provide a focus for consistent, quality presentation of educationally sound activities with defined theoretical and practical learning outcomes. The Activity Principles form part of a quality checklist with AUSTSWIM's Learning Pillar Framework.

ACTIVITY PRINCIPLES

PRINCIPLE	DESCRIPTION
Everyone Involved	Every participant has the opportunity and is able to participate in the activity at their level of knowledge, skill and understanding.
Group Participation & Supervision	No one waits for a turn. Activities are structured and presented to ensure full group participation at all times. Activities are structured and presented ensuring the teacher has full visual contact with all participants throughout the activity.
Open Area Water Space	Participants are provided opportunities to experience activity away from pool walls, lane ropes, steps and ladders (except in circumstances of specific activity requirements).
Maximum Feel of Water	Activity areas are varied ensuring a range of water condition and movement are experienced including: <ul style="list-style-type: none"> › Turbulence › Current › Flow › Depth › Pressure and resistance
Maximum Change of Body Position	Confidence and comfort in aquatic environments develops from opportunities to experience a wide range of body positions including: <ul style="list-style-type: none"> › Balance through stillness and motion › Rotation through the range of positions from vertical to horizontal › Rotation through a range of body shapes from: <ul style="list-style-type: none"> › Wide / thin / curled / stretched › Back, prone and side › Body steering <p>Opportunities to develop control through unexpected motion and purposeful movement</p>
Movement Combination	Activity ensures participants experience a range of movement, immobility and motion transition including: <ul style="list-style-type: none"> › Propulsion › Stillness › Buoyancy › Breath control



Educating and training AUSTSWIM teachers

AUSTSWIM's training and education programs are presented with an underlying philosophy of equity of access - "Water Safety for all Australians".

AUSTSWIM teachers™ are provided ongoing access to resources through professional development opportunities and regular communication via newsletters and email.

By hosting numerous state and national professional development opportunities AUSTSWIM teachers and presenters are up to date with products, services, industry developments, teaching techniques, educational advancement and wider industry changes.

Annually state and national conferences are coupled with Awards of Excellence, workshops, seminars, on-line professional development, networking opportunities, mentoring advice and ongoing development of quality resources. This ensures that our "staff" on the ground are given every opportunity to remain leaders in their field.

AUSTSWIM Accreditation and Licensing

AUSTSWIM accreditation requires teachers of swimming and water safety to maintain their knowledge and skills through:

- regular professional development
- practical teaching
- current cardio pulmonary resuscitation standard

License renewal with AUSTSWIM is required every 3 years.

AUSTSWIM training, accreditation and licencing is mandated for teachers through:

- Local government facilities and programs throughout NSW via the department of Local Government Practice Note 15.
- Australia wide compliance with The Royal Life Saving Society Guidelines for Safe Pool Operations
- Professional school teachers undertaking aquatic education as part of the curriculum, for their state and territory Departments of Education.

The Australian Tax Office nominates the AUSTSWIM qualification for GST exemption for water safety focused aquatic education.

What is AUSTSWIM trying to achieve?

AUSTSWIM:

- works to foster sustainable inclusive community aquatic participation
- acknowledges the right of all community members to participate and be connected in aquatic activity
- reduces barriers to aquatic participation (physical and attitudinal)
- values the support and commitment of its people.

AUSTSWIM aims to expand the work we do to ensure training, accreditation and educational programs connect with all Australian communities on a regular basis.

The provision of swimming and water safety programs in metropolitan, rural and remote areas is dependent on there being access to an AUSTSWIM teacher™. To ensure essential water safety education programs can be provided to the local community AUSTSWIM works closely with Education Departments, local schools and aquatic facilities to offer training and education programs.



Sustainability

Aquatic activities are a valued and significant aspect of the Australian lifestyle. The benefits of participating in aquatic activity include but are not limited to:

- promoting a sense of well being
- maximising body function and independence
- improving self-esteem
- maximising healthy lifestyle participation
- providing sport, fitness and family recreational opportunities
- expanding opportunity for those with compromised functionality as a result of chronic illness, age or disability
- endorsing water safety principles, for safer aquatic participation and a reduction in drowning and life impacting aquatic accidents

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